## How Do the • Dubble Guppies Feel Today?

Parents: Choose from the words below to write a different emotion under each Bubble Guppy. Then ask your child to draw expressions on the Bubble Guppies to match each emotion.

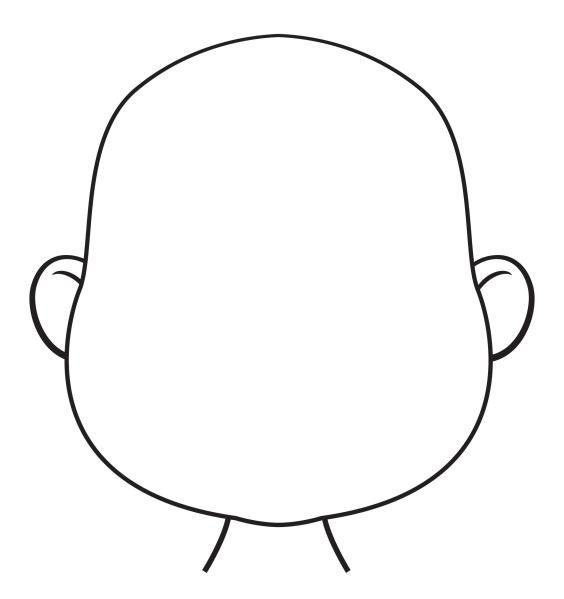


happy sad angry surprised scared shy silly excited embarrassed



## **How Do I Feel Today?**

Draw a picture of how you're feeling and what happened to make you feel this way.



I feel\_\_\_\_\_

